

PARANORMAL WORKSHOP INFORMATION KIT

Adelaide Gaol Preservation Society

INTRODUCTION

Thankyou for considering taking part in the Adelaide Gaol Preservation Society "Paranormal Workshop". Before you book your place, please read the following information carefully so that you understand what is involved.

This paranormal workshop is an opportunity to take part in an ongoing research project exploring the anomalous phenomena that has been reported for generations in the Adelaide Gaol. The paranormal workshop will be conducted in a scientific manner based on observation and experimentation.

The Paranormal Workshop is organised and run by volunteers with knowledge and experience in paranormal research.

The Paranormal Workshop is organised and run by the Adelaide Gaol Preservation Society with the support of the Adelaide Gaol Management to further the knowledge of anomalous activity within the Gaol and to raise money to further the development and preservation of the Adelaide Gaol.

GENERAL INFORMATION

- Address: 18 Gaol Road, Thebarton, South Australia
Phone 08 8231 4062
- Date: Phone the Gaol on 8231 4062 for the next scheduled Workshop.
- Time: 6.00pm Saturday to 2.00am Sunday.
- Cost: \$120 per-person.
- Catering: Dinner (food platter & pizza)
Tea & coffee available throughout the night.
- Maximum of 12 people per-workshop.
- Minimum age 18 years.
- Basic equipment, such as electromagnetic field meters, thermometers and ambient / wind meters, will be supplied by the organisers.

WHAT TO BRING

- Appropriate clothing and foot wear to suit the weather conditions. It is recommended not to wear reflective clothing or shoes as this could be picked up by infrared equipment and misinterpreted as anomalous phenomena.
- Cameras and camcorders.
- Clip board, note pad and pen/pencil
- Torch / directors chair (or any fold-a-way chair) / food snacks
- You may wish to bring a blanket or similar for when you are resting.

PARANORMAL WORKSHOP

The paranormal workshop will be divided into three parts.

PART 1: - Introduction and Theory Session 6.00pm to 7.00pm

- Introduction to the Adelaide Gaol including Occupational Health and Safety protocols.
- Everyone needs to get to know each other as you will be teamed with another group member.
- Each person attending will receive the appropriate information by way of information sheets and investigation logs that will be used during the investigation.
- Brief history of the Adelaide Gaol.
- How to use the equipment and its limitations.
- How to conduct an investigation using scientific methods.
- Analysing the evidence.

Dinner break 7.00pm to 8.30pm

PART 2: - 8.30pm to 9.30pm Gaol Familiarisation.

- A Gaol walk will be conducted to familiarise the guests some of the anomalous phenomena reported and to become familiar with the gaol layout.

After the familiarisation has concluded there will be an opportunity to relax and have a hot drink before the investigation begins. During this time guests will be divided into two teams for the investigation.

PART 3: - 9.30pm to 2.00am The Investigation

- The team leaders will take the two teams to separate locations within the Gaol. There will be no contact between the two teams except for drink breaks (team leaders will be in contact with each other by two-way radio)
- Each team leader will then divide their team into pairs to work together.
- Each pair will be given particular tasks to do that will include instrument readings, taking photos and taking video. Each pair will be asked to fill out the appropriate investigation logs with the appropriate data associated with the task they are conducting.
- Each team will conduct an EVP (Electronic Voice Phenomena, Unexplained Voices on Audio) experiment controlled by an EVP protocol.
- After the EVP session is finished each team will have a quiet session within the investigation area to observe and listen for any unusual sounds or movements.

Each team will spend approximately 90 minutes in each location. At the end of each session there will be a food and drink break to re-energise and prepare for the next location. This procedure will be repeated until the end of the

investigation at 2.00am.

Then its time to head home for a good day's sleep... you'll need it!

SAFTEY PROTOCOL

- No alcohol to be taken during the workshop. Anyone who drinks alcohol prior to the workshop may be refused entry.
- There is no smoking in the gaol complex, smoking will only be allowed in the car park area during food/drink breaks.
- All guests will be required to follow the instructions given by the team leaders at all times during the workshop.
- All guests attending the workshop must have basic fitness; any medical conditions must be disclosed before the commencement of the workshop.
- Practical jokes or frightening other group members will not be tolerated as this could compromise the integrity of the investigation and ruin the experience for others.
- As this workshop is conducted in a scientific manner, using scientific methods there will be no séances, circle work or ouija boards. The workshop and investigation has a strict protocol that everyone will abide by for credibility and safety of those attending the workshop.
- All guests will work in pairs during the investigation for support and safety.
- The workshop is not a sleepover Those unable to continue without a sleep break will be put in a designated area within sight of the team leaders to have a rest or brief sleep.
- In each location being investigated there will be a "timeout" area that can be used by anyone becoming frightened or uncomfortable in the area being investigated. The guest can tell a team leader they would like to leave, they will be taken to the "timeout" area until they are ready to return to the investigation. If the "timeout area" is still too uncomfortable they will be taken to the shop museum area until they are ready to return.
- When all guests have arrived the main gate will be locked until the conclusion of the workshop.
- Guests will not be allowed to move around the Gaol by themselves, a team leader will accompany anyone needing to go the toilet or needing to leave the area.

If you agree with all of the terms and conditions in this document feel free to book your place in the Adelaide Gaol Paranormal Work Shop by phoning 08 8231 4062.

Thankyou for supporting the old Adelaide Gaol